

STC Girls Early Bird Track Meet  
April 7, 2009

3000 M Run

1	Taylor Petersen, Gladbrook Reinbeck	11:20.81
2	Nicole Ausborn, Mason City	12:02.97
3	Katie Renard, Newton	12:09.32
4	Leann Luecke, Columbus	12:48.75
5	Lynn Luecke, Columbus	12:53.26
6	Angie Upah, Gmg	13:09.07

4X800 M Relay

Chase Crane		
1	Newton Elizabeth McCulloch	10:50.63
2	Mason City Madi Johnson	11:00.62
3	Knoxville	11:12.60
4	East Marshall Brooke Sanchez	11:21.42
5	Gladbrook Reinbeck	11:22.44
6	Gmg	11:49.63

Shuttle Hurdle Relay

Hayley Sheahan		
1	East Marshall	1:13.50
2	Mason City Malinda Shaw	1:16.91
3	Gladbrook Reinbeck Melanie Carroll	1:18.87
4	Knoxville	1:19.82
5	South Tama Taylor Sgontz	1:20.69
6	Newton	1:27.24

Distance Medley Relay

1	Knoxville	4:35.64
Meet Record		
2	Gladbrook Reinbeck	4:48.47
3	Mason City	4:53.37
4	Newton	4:55.08
5	South Tama	5:08.80
6	Gmg	5:09.13

Katlyn Hegtvold  
Kati Wubben  
Kelsie Groth  
Kali Cruse

100 M Dash

1	Erica Tweed, South Tama	13.29
2	Jordan Street, Gladbrook Reinbeck	13.46
3	Heather Eash, East Marshall	13.47
4	Carrington Mitchell, Newton	13.60
5	Brea Alexander, Mason City	13.74
6	Melody Beane, Gmg	13.75

400 M Dash

1	Rachael Cheeseman, Gladbrook Reinbeck	63.45
2	Camie Kibbee, Mason City	65.32
3	Meredith Anderson, Newton	66.22
4	Savanna Ramon, Mason City	67.15
5	Alex Thomas, Knoxville	69.57
6	Emily Hoebelheinrich, Newton	70.85

4X200 M Relay

1	East Marshall	1:56.50
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2	Gladbrook Reinbeck	1:56.96
3	Gmg	1:57.20
4	South Tama	1:59.01
5	Mason City	1:59.91
6	Knoxville	2:04.31

Katlyn Hegtvold  
Paige Byers  
Kaitlyn Younker  
Brooke Sanchez

100 M Hurdles

1	Heather Eash, East Marshall	16.20
2	Jen Kueastling, Knoxville	17.54
3	Hayley Sheahan, Mason City	17.74
4	Melanie Carroll, Mason City	18.10
5	Paige Legvold, Knoxville	19.19
6	Chelsea O'Connor, East Marshall	19.25

800 M Run

1	Steph Kingery, Knoxville	2:33.51
2	Abby Reed, Newton	2:42.42
3	Elizabeth McCulloch, Mason City	2:43.96
4	Chase Crane, Mason City	2:45.20
5	Kendra Bradley, South Tama	2:47.10
6	Emily Montgomery, Newton	2:55.40

200 M Dash

1	Camie Kibbee, Mason City	27.69
2	Em Eklofe, Knoxville	27.87
3	Melody Beane, Gmg	29.20
4	Jordan Street, Gladbrook Reinbeck	29.21
5	Jenna Roeding, Gladbrook Reinbeck	29.61
6	Kaitlin Younker, Mason City	30.01

400 M Hurdles

1	Kristin Volkens, Gladbrook Reinbeck	75.30
2	Rachel Rice, East Marshall	75.57
3	Madi Johnson, Mason City	79.30
4	Hannah Long, Newton	80.60
5	Michelle Rabedaux, Newton	81.00
6	Allia Yarrow, Mason City	81.58

Sprint Medley Relay

1	Gladbrook Reinbeck	1:58.66
2	Mason City	2:05.61
3	Knoxville	2:12.69
4	East Marshall	2:16.08
5	South Tama	2:17.55
6	Columbus	2:17.84

Taylor Sgontz  
Brea Alexander  
Kati Wubben  
Brooke Sanchez

1500 M Run

1	Taylor Petersen, Gladbrook Reinbeck	5:26.63
2	Lauren Bengen, Gladbrook Reinbeck	5:30.55
3	Nicole Ausborn, Mason City	5:37.74
4	Katie Renard, Newton	5:50.13
5	Leann Luecke, Columbus	5:57.92

Allison Crossett, Knoxville 6:00.18

TEAM SCORES AFTER 19 EVENTS

Scored 10-8-6-4-2-1 Max 2 scorers per team  
Shot Put, 3000 M Run, Long Jump, 4X800 M Relay,  
Shuttle Hurdle Relay, 100 M Dash, Discus,  
Distance Medley Relay, 400 M Dash, 4X200 M Relay,  
100 M Hurdles, High Jump, 800 M Run, 200 M Dash,  
400 M Hurdles, Sprint Medley Relay, 1500 M Run,  
4X100 M Relay, 4X400 M Relay

<b>4X100 M Relay</b>		
1	South Tama	Taylor Sgontz 54.90
2	East Marshall	Brea Alexander 55.09
3	Mason City	Hayley Sheahan 55.44
4	Gmg	55.54
5	Knoxville	Carie Kibbee 55.74
6	Newton	56.89

PLACE	TEAM	POINTS
1	Gladbrook Reinbeck	137.0
2	Mason City	127.0
3	East Marshall	79.0
4T	Knoxville	76.0
4T	Newton	76.0
6	South Tama	53.0
7	Gmg	31.0
8	Columbus	9.0

<b>4X400 M Relay</b>		
1	Gladbrook Reinbeck	4:21.64
2	Knoxville	4:32.60
3	Newton	Paige Byers 4:37.71
4	Mason City	Brooke Sanchez 4:40.20
5	East Marshall	4:44.91
6	Gmg	Kyla Lichty 5:02.31
		Liz McCulloch

<b>Shot Put</b>		
1	Breanna Vint, Gladbrook Reinbeck	37-9 1/2
2	Kari Roberts, South Tama	34-6 1/2
3	Kristine Kienzle, Gmg	33-1
4	Stephanie Hanson, Mason City	30-2 1/2
5	Caitlyn Meyer, Newton	29-11 1/2
6	Heather Knoke, Mason City	29-6 3/4

<b>Discus</b>		
1	Courtney Meyer, Newton	108-7
2	Morgan Herriott, South Tama	101-6
3	Jennifer McMeekin, East Marshall	98-2
4	Breanna Vint, Gladbrook Reinbeck	97-8
5	Stephanie Hanson, Mason City	90-7
6	Kari Roberts, South Tama	89-5

<b>Long Jump</b>		
1	Alaina Heng, East Marshall	16-4
		Meet Record
2	Stephanie Dilly, Gladbrook Reinbeck	15-3
3	Carrington Mitchell, Newton	15-2 3/4
4	Amy Turner, Knoxville	15-1
5	Taylor Sgontz, Mason City	14-5 3/4
6	Lauren Bengen, Gladbrook Reinbeck	14-4 3/4

<b>High Jump</b>		
1	Autumn Alitz, Mason City	5-0
2	Kristin Volkens, Gladbrook Reinbeck	4-8
3	Emily Havelka, Gmg	4-6
3	Erica Swanger, South Tama	4-6
3	Jessica Wallace, Knoxville	4-6